



INTRODUCTION

Message From Our Manager

Welcome to our Autumn Newsletter! As we move into a new season, we have been looking back at some of the activities and outings our residents have enjoyed over recent months. We have had a good mix of keeping active, getting out and about, trying something different and, of course, enjoying a few treats along the way.

From a trip to Chesterfield Bowl and our own Commonwealth Games to armchair travel to the Bahamas, there have been plenty of opportunities to get involved and enjoy time together.

We hope you enjoy looking back at some of our recent highlights from The Old Vicarage.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Sign Up Link](#)

Best wishes,

Maria Stroe
Home Manager

ACTIVITIES & EVENTS

A Trip to Chesterfield Bowl

We had a fantastic time getting out and about for a visit to Chesterfield's Bowling Alley.

It was a great opportunity for residents to enjoy a change of scenery, spend time together and have some fun along the way. Everyone enjoyed the outing, and it was lovely to see residents getting involved and making the most of the trip.



A Visit from Our Hairdresser

Our hairdresser has been back to The Old Vicarage, and we had some very happy residents afterwards.

There is always something nice about having your hair done, and residents enjoyed the opportunity to sit back and enjoy a little time being pampered before showing off their finished looks.



Keeping Active with G Fitness

Residents have been having fun while keeping active with G Fitness and their armchair exercise sessions.

The sessions provide an enjoyable way to introduce movement and exercise from the comfort of a chair, giving residents the opportunity to join in at their own pace.

It is always good to see everyone getting involved and having some fun while staying active.



Armchair Travel to the Bahamas

We may not have needed our passports, but we recently enjoyed an armchair trip all the way to the Bahamas.

Residents spent the afternoon learning about the local culture and discovering more about this beautiful part of the world. There was plenty of conversation and laughter along the way, making it an enjoyable way to experience somewhere different without having to leave the lounge.



Our Commonwealth Games

We brought a little sporting competition to The Old Vicarage by holding our very own Commonwealth Games.

Residents enjoyed getting involved in the games and sharing in some friendly competition together. Once the events were complete, we rounded things off with a special awards presentation to recognise everyone's efforts.

It was a fun way to bring everyone together and add a little competitive spirit to the day.



Ice Cream Time

During the warmer summer weather, we had a welcome visit from the ice cream van.

Residents enjoyed choosing a refreshing ice cream to help cool down, and the visit brought plenty of smiles around the home.

Sometimes the simplest summer treats are the best, and an ice cream on a warm day certainly went down well with everyone.



COMING UP

Looking Ahead...

As summer gives way to autumn, we look forward to continuing with a varied programme of activities, exercise and opportunities to get out and about.

Thank you to everyone who contributes to life at The Old Vicarage and helps make our activities and outings possible. We look forward to sharing more of our news with you in our next newsletter.

EXTERNAL LINKS

Social Media

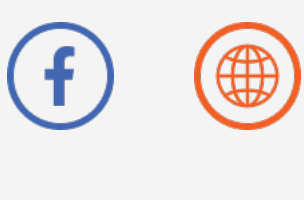
Make sure to check out The Old Vicarage Care Home Facebook Page for all our latest photos!

[Don't Forget To 'Like' Us!](#)

Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk](#)



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